

National Nutrition Month Sampling Demos

**Dates subject to change*

SPOKANE PRODUCE			
STORE NAME	DATE	TIME	DEMO ITEM
Fort Lewis	8-Mar	10:00am-2:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
McChord	6-Mar	10:00am-2:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Bangor	7-Mar	10:00am-2:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Bremerton	7-Mar	10:00am-2:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Smokey Point	7-Mar	10:00am-2:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Whidbey	7-Mar	10:00am-2:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Fairchild	7-Mar	10:00am-2:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Malmstrom	7-Mar	12:00pm-4:00pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Mountain Home	6-Mar	10:30am-2:30pm	ASSORTED PEELZ PRODUCT PROMOTION Navels, Mandarins, Blood Oranges, Dekopon, Minneolas
Fort Lewis	15-Mar	10:00am-2:00pm	VEGETARIAN CORNED BEEF AND CABBAGE Cooked Cabbage, potatoes and carrots
McChord	14-Mar	10:00am-2:00pm	VEGETARIAN CORNED BEEF AND CABBAGE Cooked Cabbage, potatoes and carrots
Bangor	13-Mar	10:00am-2:00pm	Roasted Potatoes and Vegetables
Bremerton	14-Mar	10:00am-2:00pm	Roasted Potatoes and Vegetables
Smokey Point	14-Mar	10:00am-2:00pm	Potatoes, Rosemary Herbs, Garlic, Olives, Salt and Pepper
Whidbey	13-Mar	10:00am-2:00pm	Potatoes, Rosemary Herbs, Garlic, Olives, Salt and Pepper
Fairchild	14-Mar	10:00am-2:00pm	Potatoes, Rosemary Herbs, Garlic, Olives, Salt and Pepper
Malmstrom	14-Mar	12:00pm-4:00pm	VEGETARIAN CORNED BEEF AND CABBAGE Cooked Cabbage, potatoes and carrots
Mountain Home	13-Mar	10:30am-2:30pm	Potatoes, Rosemary Herbs, Garlic, Olives, Salt and Pepper
Fort Lewis	22-Mar	11:00am-3:00pm	Strawberry, Blueberry, Granola Yogurt
McChord	21-Mar	10:00am-2:00pm	Strawberry, Blueberry, Granola Yogurt
Bangor	21-Mar	10:00am-2:00pm	Strawberry, Blueberry, Granola Yogurt
Bremerton	20-Mar	10:00am-2:00pm	Strawberry, Blueberry, Granola Yogurt

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STORE NAME	DATE	TIME	DEMO ITEM
Smokey Point	21-Mar	10:00am-2:00pm	Strawberry, Blueberry, Granola Yogurt
Whidbey	21-Mar	10:00am-2:00pm	Strawberry, Blueberry, Granola Yogurt
Fairchild	21-Mar	10:00am-2:00pm	Strawberry, Blueberry, Granola Yogurt
Malmstrom	21-Mar	12:00pm-4:00pm	Fresh Berries, Granola and sugar free whip cream
Mountain Home	20-Mar	10:30am-2:30pm	Strawberry, Blueberry, Granola Yogurt
FORT LEWIS	29-Mar	11:00am-3:00pm	Tasteful Selections Potatoes Roasted with Peppers, Garlic, Onion and Rosemary
McChord	28-Mar	10:00am-2:00pm	Tasteful Selections Potatoes Roasted with Peppers, Garlic, Onion and Rosemary

SPOKANE PRODUCE			
STORE NAME	DATE	TIME	DEMO ITEM
Bangor	28-Mar	10:00am-2:00pm	Stuffed Crimini Mushrooms
Bremerton	27-Mar	10:00am-2:00pm	Stuffed Crimini Mushrooms
Smokey Point	28-Mar	10:00am-2:00pm	Portabella Mushrooms with Red, Orange Pepper, Sesame, Soy, Oyster sauce
Whidbey	27-Mar	10:00am-2:00pm	Portabella Mushrooms with Red, Orange Pepper, Sesame, Soy, Oyster sauce
Fairchild	28-Mar	10:00am-2:00pm	Tasteful Selections Potatoes Roasted with Peppers, Garlic, Onion and Rosemary
Malmstrom	28-Mar	12:00pm-4:00pm	Stir-Fry Fresh Mushrooms, Peppers and Onions
Mountain Home	27-Mar	10:30am-2:30pm	Tasteful Selections Potatoes Roasted with Peppers, Garlic, Onion and Rosemary

D'OTANI PRODUCE			
STORE NAME	DATE	TIME	DEMO ITEM
Pearl Harbor	7-Mar	10:00am-2:00pm	Grilled Eggplant Sandwiches
Pearl Harbor	21-Mar	10:00am-2:00pm	Watermelon Pizza
Schofield Barracks	14-Mar	10:00am-2:00pm	Chicken and Cantaloupe Salad
Schofield Barracks	28-Mar	10:00am-2:00pm	Veggie Burrito Bowl

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MILITARY PRODUCE GROUP			
STORE NAME	DATE	TIME	DEMO ITEM
Fort Lee Fort Gordon Pensacola Fort Campbell Norfolk Langley Oceana Charleston McGuire Fort Belvoir Quantico	7-Mar	10:00am-2:00pm	Peelz Clementine's (Offer peeled clementine's and single whole for families to take)
Fort Lee Fort Gordon Pensacola Fort Campbell Norfolk Langley Oceana Charleston McGuire Fort Belvoir Quantico	14-Mar	10:00am-2:00p	Mott's Apple Products & Sundia Fruit Cups
Fort Lee Fort Gordon Pensacola Fort Campbell Norfolk Langley Oceana Charleston McGuire Fort Belvoir Quantico	21-Mar	10:00am-2:00pm	Sam's Salsa (Offer with Bell Pepper strips, cucumber, baby carrot or a veggie platter)
Fort Lee Fort Gordon Pensacola Fort Campbell Norfolk Langley Oceana Charleston McGuire Fort Belvoir Quantico	28-Mar	10:00am-2:00pm	Ant's on a Log (Celery, Peanut Butter, Sunmaid Raisins)

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COAST PRODUCE			
STORE NAME	DATE	TIME	DEMO ITEM
San Diego Naval Base	7-Mar	10:00AM	Peelz Citrus
Miramar	14-Mar	10:00AM	D'Anjou Pear Salad
Camp Pendleton	21-Mar	10:00AM	Hass Avocados
Nelis	28-Mar	10:00AM	Fuji Apples
Davis Monthan	7-Mar	10:00AM	Peelz Citrus
Ft. Huachuca	14-Mar	10:00AM	D'Anjou Pear Salad
Port Hueneme	21-Mar	10:00AM	Hass Avocados
Los Angeles AFB	28-Mar	10:00AM	Fuji Apples
29 Palms	7-Mar	10:00AM	Peelz Citrus
North Island	14-Mar	10:00AM	D'Anjou Pear Salad